

### **How to prepare best for a test, if you are a visual learner:**

If your preferred style of learning is visual, then you can use pictures, diagrams, charts and other visual images to learn better. You can improve your learning skills by incorporating your imagination and visualization, because this comes effortlessly to you. As you have strong sense for colors, you can use several colors to highlight the key points in your lessons. You can use mind maps and pictures instead of just reading the text. If you are not able to use the computer, you can make use of color pens and markers to remember important points with ease.

The story technique can aid you in memorizing large contents. You can use systems diagrams to visualize the links between the components of the system. You can boost your concentration skills by using layouts and charts.

### **How to prepare well for your test, if you are an auditory learner:**

If you know that you are an auditory learner, you can then use music, sounds and rhymes in your learning process. You can use audio tapes to memorize contents easily. You can use the sounds to get a background and thereby to get into visualizations. You can employ anchoring techniques to prepare well for your test. It is advisable paying more attention to auditory content in your visualization.

### **How to prepare best for your test, if you are a physical learner:**

If your learning style is physical, you can apply certain simple techniques to prepare excellently for your test. You can try using hands-on work, movement, action and touch in your learning process. For instance, if you are learning about an aircraft, you focus your attention on physical sensations. Feel the pressure of the wind and feel the aircraft speedup. You can use physical objects whenever possible. You can touch the objects while learning. This helps to remember the content for a long time. You can use flashcards to memorize things quickly, as you can touch and move them.

You can enhance your study skills by writing and drawing diagrams. Remember writing and drawings are also physical activities. You can use large sheets of paper and color pens to draw pictures. This can help engage you more in physical activities.

### **How to prepare for your test effectively, if your preferred learning style is logical:**

If your preferred learning style is physical, you can focus your attention on understanding the logic behind the content. You can better understand the details, so try to concentrate on them first and then learn the content. This helps in memorizing the lessons. While studying, you can prepare a list of key points in your lessons. You can also use statistical data; whenever possible to help you with concentration.

### **How to prepare for your test finely, if you are a social style learner:**

If you are a social learner, you can try to prepare for your test with your friends. It is easy for you to understand the lessons better in a group setting. You can use role playing technique to boost your learning skills. You can work on some of your visualizations with your friends. You can share your reviews and get further ideas from your friends in order to prepare for your test effectively.

## How Do I know my Learning Style?

Identifying your learning style is the first step towards effective learning. Knowing your own learning style can help you improve the excellence of your study skills. It can even help you choose your career in future. Verbal, logical, visually oriented, physical and interpersonal are some of the common learning styles. If you are comfortable with acquiring information in any of these styles, you can understand your style of learning easily. You can then take steps to reinforce the use of your preferred style and improve the use of your secondary styles. A simple test can help you identify your specific learning style.

### Test for a verbal learner:

Verbal learning style is the combination of writing and speaking. If your answer is "yes" to most of the following questions, your learning style can be verbal.

- Do you like playing on the sound of words like tongue twisters or on the meaning of words?
- Do you always try to find out meaning for new words?
- Do you remember names, places and dates well?
- Do you wish to discuss about the topics that you have learnt recently with our friends?
- Do you write well?
- Do you get irritated when someone makes grammatical errors?

### Test for a logistical learner:

You can find out whether your learning style is logical, by answering these questions. If you fit in to most of these situations, you are probably a logical learner.

- Do you enjoy logic puzzles and strategic games?
- Do you like to memorize formulas?
- Do you always look for rational explanations?
- Do you feel comfortable in analyzing, measuring and quantifying?

### Test for a visual learner:

If you are a visual learner, then you

- Like to read charts and diagrams rather than reading text.
- Like to daydream a lot.
- Like to draw pictures.
- Have a great sense for colors.
- Imagine how objects would appear in various angles.
- Enjoy doing puzzles and other visual activities.

### **Physical learner test:**

You can improve your learning skills, if you confirm whether you belong to physical style of learning.

- Do you enjoy outdoor activities?
- Are you an expert in one or more sports activities?
- Do you like hand-on working?
- Do you find it difficult to sit for long periods?
- Do you like to touch things, when learning about them?
- Do you like to practice everything, rather than simple reading topics?
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If your answer is yes to most of these questions, you are probably a physical learner. **Interpersonal learner test:**

Your learning style may be interpersonal, if you

- Like to learn in group.
- Enjoy group activities and games.
- Prefer discussing about topics with your friends.
- Try to improve the skills of your friends voluntarily.
- Listen well and understand other's views.
- Like to spend quality time with your instructor.
- Have leadership skills.
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### **Intrapersonal/solitary learning style test:**

You can confirm whether your style of learning is intrapersonal, if

- You prefer working or studying alone.
- You are private and independent.
- You are aware of your own thinking.
- You have strong opinions about various things.
- You prefer working in a quiet atmosphere.
- You like to plan and set objectives.

It is advisable to take a little effort in recognizing your own learning style. You can then try to incorporate certain techniques to improve your learning skills. If you identify more than one style of learning, you can use your knowledge to constitute your learning situations that fit your style. This helps you to a great extent in improving your intelligence.